

# Basic Disaster Supply Kit

The first 72 hours following a disaster or emergency is critical for you and your family. Electricity, gas, water and telephones may not be functioning. Public safety services such as fire and police departments will be busy handling serious crises. You should be prepared to be self sufficient – for at least three days following a major emergency. To do so, keep on hand in a central location the following:

## Basics

- Water – One gallon per person per day (a week's supply of water is preferable)
- Water purification kit
- First aid kit, freshly stocked
- First aid book
- Food – non-perishable – 3 day supply
- Can opener (non-electric)
- Blankets and/or sleeping bags
- Battery-powered or hand crank portable radio, flash lights and spare batteries
- Essential medications (insulin, etc)
- Extra pair of prescription eyeglasses
- Extra pair of house and car keys
- Fire extinguisher – A-B-C type
- Food, water & restraint (leash/carrier) for pets
- Cash, traveler checks and change
- Baby supplies: formula, bottle, pacifier, soap and baby powder, clothing, blankets, baby wipes, disposable diapers, canned food and juices
- Copy of important documents

## Sanitation Supplies

- Large plastic trash bags for waste; tarps and rain ponchos
- Large trash cans
- Bar soap and liquid detergent
- Shampoo
- Toothpaste and tooth brushes
- Male/Feminine hygiene supplies
- Toilet paper
- Household bleach
- Disinfectant
- Plastic bucket with tight lid

## Safety and Comfort

- Sturdy shoes, extra clothes
- Heavy duty gloves for cleaning debris
- Candles, waterproof matches, light sticks
- Knife or razor blades
- Garden hose for fire fighting and siphoning
- Writing utensils and paper
- Cell phones and chargers
- Tent
- Books and activities for children

## Cooking

- Plastic knives, forks, spoons
- Paper plates, cups and towels
- Heavy duty aluminum foil
- Camping stove for outdoor use (caution: check for leaks and never use propane or charcoal stove indoors or for warming heaters)

## Tools and Supplies

- Axe, shovel, broom
- Tool kit including adjustable wrenches, screwdrivers, pliers and hammer
- Heavy duty tape, staple gun and sheeting for window replacement
- Coil of ½" rope, at least 100'
- City/County maps

## Important Family Documents

- Will, insurance policies, deeds, stocks & bonds, birth, marriage, death certificates
- Passports, social security cards, credit card and bank account numbers/companies and immunization records